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Volunteer for the Sound

WORKING TOGETHER TO RESTORE AND PROTECT THE SOUND



September 9, 2015

DO YOUR PART! VOLUNTEER FOR THE SOUND!



There are many organizations in Connecticut and New York that need your help protecting Long Island Sound! Here are some of the events happening in the near future.

Upcoming Connecticut Volunteer Events

Saturday, September 12, 2015 at 9:00am-12:00pm: Beach Cleanup at Sandy Point Beach. Join Save the Sound for a beach cleanup at Sandy Point Beach, West Haven, CT. This is a critical conservation effort to remove trash from an recognized Important Bird Area. A clean site prevents predators, attracted by food litter, from becoming accustomed to visiting Sandy Point, one of the prime sites in CT for Piping Plovers and other beach-nesting bird species. Plus: The data will help scientists fight ocean litter! Bring work gloves, sunscreen, and water. Meet at the Morse Park parking lot (immediately east of Chick's Restaurant/, 183 Beach St., West Haven, next to skate park). Leader: Winie Wirth, 203-859-2971 or wirthwitte@att.net. For more information, [click here](#).

Saturday, September 12, 2015: Beach Cleanup at East Haven Town Beach. Join Save the Sound for a beach cleanup at East Haven Town Beach, East Haven, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at East Beach – Hammonasset – Join Save the Sound for a beach cleanup at East Beach – Hammonasset, Madison, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at West Beach – Hammonasset – Join Save the Sound for a beach cleanup at West Beach – Hammonasset, Madison, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at Long Wharf Preserve – Join Save the Sound for a beach cleanup at Long Wharf Preserve, New Haven, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at Cummings Park Beach – Join Save the Sound for a beach cleanup at Cummings Park Beach, Stamford, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at Oyster Shell Park – Join Save the Sound for a beach cleanup at Oyster Shell Park, Norwalk, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at Surf Club – Join Save the Sound for a beach cleanup at Surf Club, Madison, CT. For more information, [click here](#).

Saturday, September 19, 2015: Beach Cleanup at Ocean Beach Park – Join Save the Sound for a beach cleanup at Ocean Beach Park, New London, CT. For more information, [click here](#).

Sunday, September 20, 2015: Beach Cleanup at Bluff Point State Park – Join Save the Sound for a beach cleanup at Bluff Point State Park, Groton, CT. For more information, [click here](#).

Sunday, September 20, 2015: Beach Cleanup at New London State Pier SCUBA Cleanup – Join Save the Sound for a beach cleanup at New London State Pier SCUBA Cleanup, New London, CT. For more information, [click here](#).

Saturday & Sunday, September 25 & 26, 2015: Connecticut River Watershed Council's 19th Annual Source to Sea Cleanup. For more information, [click here](#).

Saturday, September 26, 2015: Beach Cleanup at Southfield/Boccuzzi Park – Join Save the Sound for a beach cleanup at Southfield/Boccuzzi Park, Stamford, CT. For more information, [click here](#).

Wednesday, September 30, 2015: Beach Cleanup at Painter Park – Join Save the Sound for a beach cleanup at Painter Park, West Haven, CT. For more information, [click here](#).

Saturday, October 3, 2015: Beach Cleanup at Penfield Beach – Join Save the Sound for a beach cleanup at Penfield Beach, Fairfield, CT. For more information, [click here](#).

Saturday, October 3, 2015: Beach Cleanup at Cove Island Park – Join Save the Sound for a beach cleanup at Cove Island Park, Stamford, CT. For more information, [click here](#).

Sunday, October 4, 2015: Beach Cleanup at Sherwood Island State Park – Join Save the Sound for a beach cleanup at Sherwood Island State Park, Westport, CT. For more information, [click here](#).

Sunday, October 11, 2015: Beach Cleanup at Bunnell's Pond – Join Save the Sound for a beach cleanup at Bunnell's Pond, Bridgeport, CT. For more information, [click here](#).

Upcoming New York Volunteer Events

Thursday, September 10, 2015 at 9:00am-1:00pm: Soundview Park Volunteer Day. Help remove the algae that has been smothering the newly restored marsh area. If you are interested in participating, please contact Jannelle McCoy at 212-360-1463 or e-mail jannelle.mccoy@gmail.com. Thank you for helping maintain Soundview Park the beautiful destination it is!

Saturday, September 12, 2015 at 9:00am: 6th Annual Underwater and Beach Clean-up and Clam Bake. Join the Scuba Sports Club and Captain Mike's Diving, Island Diving, Northeast Dive News, Scuba New York, Ski & Scuba Connection, Oceanblue Divers, Pristine Azul Dive Club, Beneath the Sea, Divers Alert Network, and other organizations for an underwater and beach clean-up at Glen Island Park, New Rochelle, NY. Divers who help clean are invited to the clam bake at 2:00pm. Collect 2 bags of trash in beach area, get a free entry to the

clam bake. Clams, hot dogs, and bottled water provided. Bring a dish to share for the potluck BBQ. Prizes will be given out for the most trash collected. Bring your family to comb and clean the beach. For more information, [click here](#).

Saturday, September 12, 2015 at 9:00am-12:00pm: Cedarmere Pond Clean Up Day. Join the Friends of Cedarmere and the Nassau County Soil and Water Conservation District to remove invasive plants from the pond. Meet at the pond at Cedarmere, 225 Bryant Avenue, Roslyn, NY. Bring waterproof gloves, rubber boots, water shoes, or old sneakers. For more information and to register for the clean up day, visit www.nassauswcd.org.

Saturday, September 12, 2015 at 9:00am-1:00pm: Forest Trail Work at Alley Pond Park. Help NYC Parks restore forest in Alley Pond Park! Trails provide access to the forest, but too many trails can confuse visitors and disrupt the ecology of the forest. Volunteers will help close unnecessary trails and formalize official trails through the southern woods. Volunteers should meet at the Alley Pond Park Adventure Course parking lot in Queens, NY. Please come dressed in work boots or sturdy shoes, long pants, and clothing that can get dirty. For more information and to register, [click here](#).

Tuesday, September 15, 2015 at 9:00am-1:00pm: Soundview Park Volunteer Day. Help mulch the recent plantings in the newly restored marsh area. If you are interested in participating, please contact Jannelle McCoy at 212-360-1463 or e-mail jannelle.mccoy@gmail.com. Thank you for helping maintain Soundview Park the beautiful destination it is!

Saturday, September 19, 2015 at 8:00am-12:00pm: Oyster Bay Harbor Cleanup/ International Coastal Cleanup Day. Join the Town of Oyster Bay, Friends of the Bay, and the North Oyster Bay Baymen's Association for their annual cleanup of debris washed ashore. Cleanup locations include Theodore Roosevelt Memorial Park in Oyster Bay, NY and Stehli Beach and Centre Island Beach in Bayville, NY. Rain or shine. Bring work gloves. For more information, [click here](#).

Tuesday, September 22, 2015 at 9:00am-1:00pm: Invasive Removal and Tree Stewardship at Little Bay Park. Help NYC Parks restore forest in Little Bay Park! Volunteers will help remove invasive vines and exotic vegetation like porcelain berry and bittersweet, which threaten the otherwise healthy forest. Volunteers will be introduced to forest ecology, and trained in invasive plant identification, and removal techniques. Volunteers should meet at Totten Avenue, South of Duane Road in Queens, NY. Come dressed in sturdy boots or shoes, long pants, and clothing that can get dirty. Registration is required for this event. For more information and to register, [click here](#).

Friday, September 25, 2015 at 10:00am-2:00pm: Forest Trail Work at Alley Pond Park. Help NYC Parks restore forest in Alley Pond Park! Trails provide access to the forest, but too many trails can confuse visitors and disrupt the ecology of the forest. Volunteers will help close unnecessary trails and formalize official trails through the southern woods. Volunteers should meet at the Alley Pond Park Adventure Course parking lot in Queens, NY. Please come dressed in work boots or sturdy shoes, long pants, and clothing that can get dirty. For more information and to register, [click here](#).

Saturday, October 3, 2015 at 9:00am: International Coastal Cleanup at Baxter Beach. Join the Manhasset Bay Protection Committee for the International Coastal Cleanup at Baxter Beach, located at the intersection of Shore Road and Central Drive, Port Washington, NY. Town parking is available behind the Dolphin Bookshop. Suitable for all ages. Scout Troops are welcome. Bring water, a hat, sunscreen, and bug repellent. Wear old clothes and protective shoes that can get wet. Gloves, trash bags, and refreshments will be provided. Rain date: Sunday, October 4 at 9:00am. This event is sponsored by the Northeast Chapter of the American Littoral Society, and is supported by the Manhasset Bay Protection Committee, Town of North Hempstead, and the Village of Baxter Estates. For more information and to register, contact Sarah Deonarine at mbpcexec@gmail.com or 516-869-7983.

VOLUNTEER SPOTLIGHT

Article by Georgia Basso, the US Fish and Wildlife Service Liaison to the Long Island Sound Study, as

featured in the [fall 2014 issue of Sound Update](#):



Credit: Solar Youth

“Growing up, being part of the environment was a part of life,” says **Gamaliel ‘Gammy’ Moses**, Solar Youth’s Program Coordinator. Gammy grew up in Dominica, a Caribbean island so beautiful and rich in biodiversity it is known as “The Nature Island.” When he was young, Gammy would follow his father, a musician and drum maker, into the rainforest covered mountains and help him make drums and natural sculptures out of ferns.

Today, Gammy brings his love of music and nature to youth in New Haven, Connecticut. He teaches them about the Long Island Sound, watersheds, and pollution through song and movement. Gammy breaks down into a point/nonpoint pollution song, “Chemicals leaking into a lake, tell the factory that’s not great. So don’t throw trash on the ground, ‘cause it might end up in Long Island Sound.” He smiles. “The kids love that song. We try to teach them that everything is connected. We discuss how to minimize our negative impact and grow our positive impacts on the Sound and in our communities.”

Solar Youth works with youth in New Haven. The organization’s mission is to provide opportunities for young people to develop a positive sense of self through environmental education, leadership, and community service. Gammy Moses inspires students to do just that through his drum beats, lyrics, and commitment to connecting urban kids with their local environment.

If you would like to share your story of how someone is making a difference around the Sound, please contact Amy Mandelbaum, Long Island Sound Study Outreach Coordinator, at 631-632-9216 or acb328@cornell.edu.

If your organization would like its volunteer event advertised in this volunteer e-newsletter, our [Volunteer Opportunities web page](#), or our [Facebook page](#), please send Amy Mandelbaum, Long Island Sound Study Outreach Coordinator, an [email](#).

FURTHER INFORMATION

- [Long Island Sound Volunteer Opportunities](#)
- [What You Can Do To Protect Long Island Sound](#)
- [Long Island Sound Study Website](#)

Amy Mandelbaum

Long Island Sound Study Outreach Coordinator

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